

CONNECTING CARERS

Funded by the National Lottery through The Big Lottery Fund

We are creating a network of volunteer Carers Champions in communities across Northamptonshire

Carers Champions are volunteers who will:

- ▶ Be a friendly face for Carers in local communities
- ▶ Identify, support and refer Carers for further support
- ▶ Build relationships and raise awareness
- ▶ Help to run Carers Support Groups and Carers Cafes

Get in touch for details of local events and Carers Champions.

Do you have time to volunteer to become a Carer Champion and help us identify and support Carers in your local community? If so, contact us for further information.

More volunteering roles are available including befriending and providing telephone support to Carers. Join our team and support us in supporting more Carers in the county.

We rely on donations to deliver our services. Why not become a friend of Northamptonshire Carers .



 NorthamptonshireCarers

 @NorthantsCarers

 northamptonshirecarers

01933 677837

www.northamptonshire-carers.org

Registered Charity No. 1061417. Images courtesy of Carers Trust

Design by Sian Allen

DO YOU CARE FOR SOMEONE?



Northamptonshire Carers are here to support those who care for a loved one with a disability, long-term physical or mental health condition

How can we help?

Our Carers Support Line provides a listening ear, practical advice and access to our wide range of services:

- ▶ Carers Assessments
- ▶ Support Groups & Carers Cafes
- ▶ Choir & Ukulele Groups
- ▶ Activities, breaks & Sitting Service
- ▶ Peer support from other Carers
- ▶ Dementia Care Advice Service
- ▶ Support Workers based within Mental Health Teams
- ▶ Support for Parent Carers
- ▶ Dedicated Young Carer & Young Adult Carer Teams
- ▶ Teams based in Northampton &

Kettering General Hospitals



Carers Support Line 01933 677907

Hospital Teams: Kettering@1536 493622 | N'pton01604 544274

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